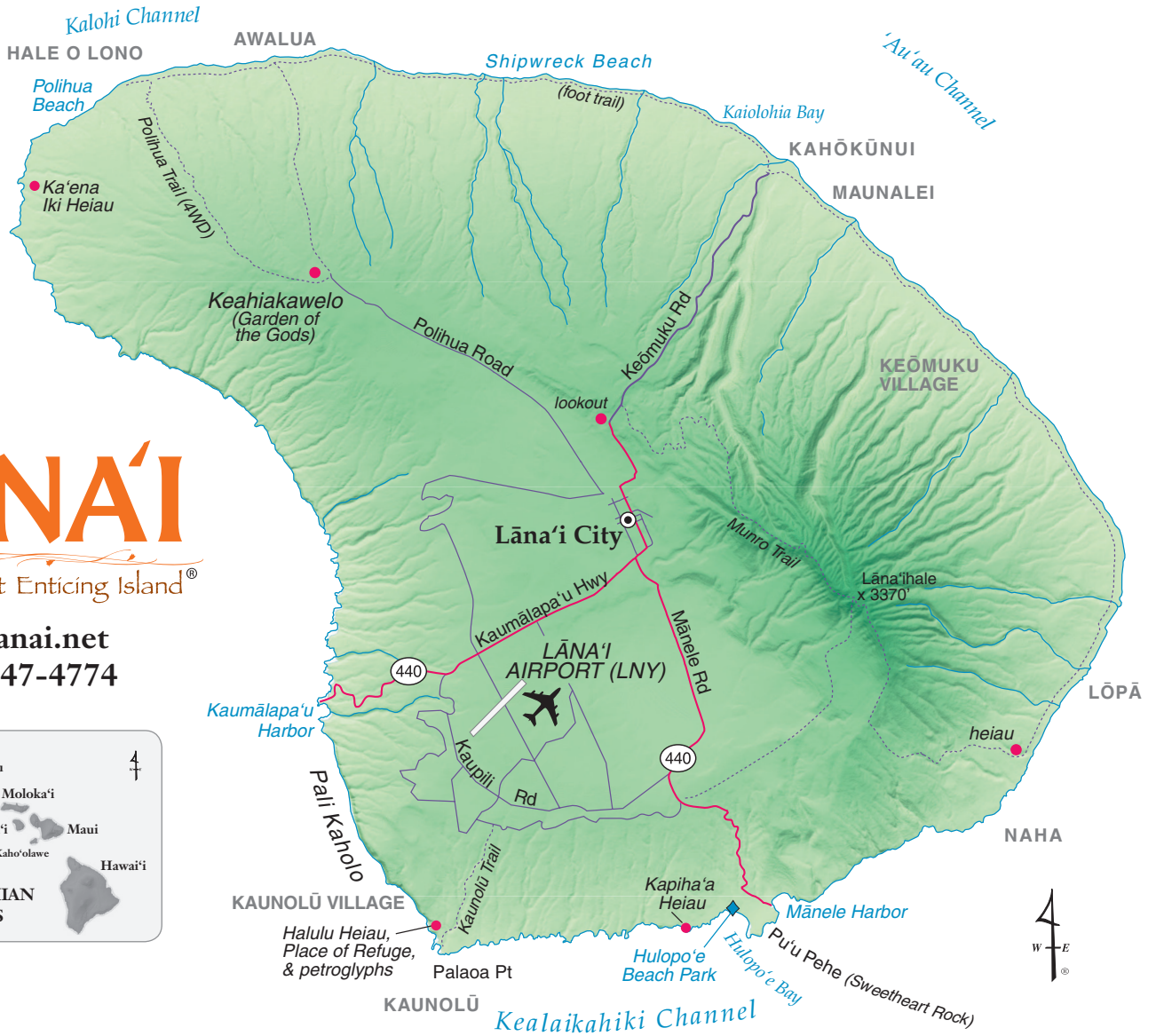
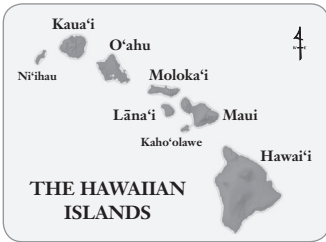


LĀNA'Ī

Hawai'i's Most Enticing Island®

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Itinerary Notes

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Drive Times

From Lāna'i Airport to:

- Lāna'i City: 8 min (4 miles)
- Mānele Bay: 25 min (10 miles)
- Kaiolohia (Shipwreck Beach): 40 min (13 miles)



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Lānaʻi is an Island of rare delights: enticing beauty and undisturbed solitude, clear air and dazzling vistas. There are no traffic lights here, and no crowds. Just a few fortunate visitors enjoying the luxurious rewards of an ideal getaway: gracious accommodations, quiet backcountry roads, welcoming beaches. Embrace Lānaʻi and you'll find easy adventure and tremendous relaxation—all the pleasures of a truly restorative vacation.

ISLAND HIGHLIGHTS

Hulopoʻe Bay

Most of the year this protected bay is the best spot on the Island for snorkeling, swimming, body boarding and exploring the many tide pools carved out of volcanic rock. The area has a beach park with picnic tables, barbecue grills, restrooms and showers. As a protected site, normal practice is to leave every stone and shell in its place, and respect all sea mammals and marine life. This helps preserve the bay for Hawaiʻi's colorful, native fish and sea life. In winter months, swimmers should avoid the rough conditions.

Kaiolohia (Shipwreck Beach)

Just offshore, the massive, rusting hulk of a WWII Liberty Ship stands marooned on a reef, anchored in time. The eight-mile stretch of shore is a wonderful place to hike and beachcomb, with some spectacular viewpoints (swimming here is not advised).

Kaumālapaʻu Harbor

Here is the main commercial seaport for Lānaʻi. Perch yourself atop the stone wall and treat yourself to a romantic sunset. From December through May, you can also spot humpback whales swimming just beyond the harbor. And throughout the year, you may catch pods of spinner dolphins splashing offshore.

Kaunolū Village

Enjoy Kaunolū's serenity atop a high sea cliff with views of ocean and sky around you. Respectfully explore the ruins of 86 house platforms in this traditional fishing village and former royal compound.

Keahiakawelo

Also known as "Garden of the Gods," located on the northwest side of the island. Its mysterious lunar topography is populated with boulders and rock towers. The setting sun casts a warm orange glow on the rocks, illuminating them in brilliant reds and purples.

Keōmuku Village

Once a sugar plantation and small Hawaiian village supported by fishing, ranching and farming. The last residents left this village in the early 1950s. Today, the old church, sugar mill ruins and other historic sites are being preserved and provide a glimpse into the history of Lānaʻi.

Lānaʻi City

With no traffic lights or traffic jams, Lānaʻi City exists much as it did almost a century ago. Go for a stroll and browse the shops, art galleries, restaurants, as well as the Cultural and Heritage Center that surround the town square. If you are visiting over the weekend, be sure to stop by the Farmer's Market, held on the square every Saturday from 8 a.m. to noon.

Lānaʻi Cultural & Heritage Center

Lānaʻi has a rich natural and cultural landscape. The center includes Hawaiian artifacts collected through archaeological investigations and by plantation employees over the years. Historical plantation era documents and family memorabilia have also been donated.

Lānaʻihale

The trail up this 3,370-foot mountain was named after George Munro, who planted pine trees when he discovered the pine boughs could easily collect moisture from the air. Hike or drive up the challenging Munro Trail for magnificent views of Oʻahu, Molokaʻi, Maui, Kahoʻolawe and Hawaiʻi Island.

Munro Trail

This trail takes you to the top of Mount Lānaʻihale, Lānaʻi's highest peak at 3,368 feet. The rustic trail offers spectacular views and the 1,600-foot elevation takes you through a rain forest filled with 'ōhiʻa, lehua, ironwood, eucalyptus and pine trees. The trail can be biked or hiked.

Ocean Kayaking

Paddling the pristine north shore of Lānaʻi in a kayak will allow you to experience up close one of the largest honu (green sea turtle) rookeries in Hawaiʻi. Paddlers often see dozens of honu on a single trip! If you're feeling adventurous, paddle the south shore and explore sea caves and swim through lava tubes.

Polihua Beach

You'll find secluded sands at this two-mile stretch of beach. Honu (green sea turtles) are known to frequent this shoreline and humpback whales can be spotted during the winter months. (Please note the current here is very strong so swimming is not advised.)

Puʻu Pehe (Sweetheart Rock)

About 150 feet offshore between Mānele Bay and Hulopoʻe Bay, Puʻu Pehe, or Sweetheart Rock, is a dramatic natural wonder. The cliffs overlooking Puʻu Pehe are a lovely place to admire with a loved one.

Snorkeling & Diving

Hulopoʻe Bay offers wonderful snorkeling and a chance to see the area's lively spinner dolphins. And for experienced scuba divers, the hauntingly beautiful Cathedrals can be found off Lānaʻi's southern shore.

Whale Watching

The clear waters of the 'Auʻau Channel between Molokaʻi, Maui and Lānaʻi offer some of the best whale watching in the world. You can spot whales on the ferry between Mānele Harbor and Lāhainā Harbor on Maui during whale season (December through May). And here are the best spots on Lānaʻi to sight whales:

- Kaiolohia Bay (Shipwreck Beach)
- Keōmuku Beach
- Mānele Bay